

SIGNS OF INFIDELITY

People have affairs or cheat for varied reasons and there are different types of affairs. There are warning signs of infidelity. All too often when a spouse or significant other learns about a partner's cheating we hear, "I was the last to know." Sometimes there were no definite signs because one partner was trusting but often in retrospect the signs were there. The warning signs of a cheating partner are not proof that a partner is cheating.

THE AFFAIR

Affairs can be one time flings. Some people just enjoy the thrill of an affair having a string of affairs one after another. Affairs can be merely physical based upon attraction and gratification. Affairs that are based on emotion can become so intense that the cheating spouse or partner will want to end a relationship or marriage.

Simply put, some marriages and relationships survive the indiscretion of a cheating partner and some do not. It is not possible to give statistics on such a sensitive matter. Cheaters are usually very secretive about their activities and for the injured party the infidelity may bring a shock wave of emotions from hurt, anger and even embarrassment causing these to be very personal matters that are closely held. There are no truly accurate statistics on infidelity or their end result just as there are no truly accurate figures on the number of divorces that take place each year in the United States.

WARNINGS

There are many warning signs of infidelity. This list is not intended to cause paranoia but make you aware so that the pieces can be put together because some signs can hardly be overlooked. Warning signs can differ according to the type of affair and may also differ between male and female but the following is a list of some behavioral patterns that are often seen and should signal you there is a problem.

- ❖ Working late, increase in business dinners and travel
- ❖ Change in appearance (women sexier clothing & lingerie, men dressing out of their normal style, new/different underwear)
- ❖ Paying more attention to grooming (women change in hairstyle, men growing or shaving facial hair) losing weight/fitness exercising.
- ❖ Change in aftershave, cologne or perfume

- ❖ Romance loses its spark. Sexual activity diminishes, any intimacy may be cold/without emotion
- ❖ Increased sexual activity your spouse wants to experiment trying new things in the bedroom.
- ❖ Seems distracted, distant and detached.
- ❖ Finding fault/ being critical of you and things that you say and do.
- ❖ Starting arguments
- ❖ Becoming impatient with the children.
- ❖ Spending more time alone in a home office or at the computer.
- ❖ Secretive about the computer/on the computer late at night/after you have gone to bed.
- ❖ Establishes/changes passwords on computer and cell phone blocking your access to them.
- ❖ Protective of cell phone, acts nervous if cell phone rings or text messages are received in your presence.
- ❖ Steps outside to make or receive cell phone calls
- ❖ Begins to take long walks or walk the dog and carries the cell phone.
- ❖ Absences from home (men suddenly willing to run errands for you/errands take too long, women spend hours shopping returning empty handed.
- ❖ Backing away from extended family
- ❖ Stops wearing wedding ring.
- ❖ Hiding credit card and cell phone bills (may redirect bills to an office)
- ❖ Cell phone account changed so that information cannot be obtained from the carrier
- ❖ Hang up calls to the home or the caller just holds the line (listens).
- ❖ Will not answer the phone in your presence, speaks in hushed tones or has guarded conversations. After such a call may leave for a quick errand or has been called away for a problem at work.
- ❖ Talks often about a particular person at work. (Most affairs begin in the work place).
- ❖ Frequent showers or returns home and rushes to bathroom/change clothes
- ❖ Missing articles of clothing (usually under garments)
- ❖ Washes clothes/laundry outside of normal routine

PROVING THE INFIDELITY

Using the services of our licensed and experienced Private Investigators is the best means of catching a cheating partner for several reasons.

- Emotions run high in these situations and often cause people to react without thinking of the consequences, particularly if they are suddenly faced with the sight of a partner in the act of cheating.

- Our Investigators can gather evidence and document proof of the affair discreetly without anyone knowing.
- Our Investigators will provide the proof in a report that may include photo and video documentation.
- Sometimes proof of infidelity is used as grounds for filing a divorce
- Our Investigators are factual witnesses

THE PROOF IN HAND

Once the truth is learned and proof of the facts is in hand there are alternatives. There are those who would prefer to end the marriage or relationship while some are willing to forgive and effect reconciliation if the partner is willing to leave the affair. People have even been known to accept the situation as it may be and coexist to keep the family unit and shared assets intact. Couples may find that counseling aids in healing emotions and recovery from an affair. Private investigators are not in the business of ending marriages or relationships but are unbiased professionals who gather evidence to provide the truth.